

**Department of Health Services/Primary Care and Family Health  
Maternal Child and Adolescent Health/Office of Family Planning Branch  
Information and Education Program (I&E)**

**Program** The I&E projects have been a major component of the OFP for the past 30 years. The local projects provide services to youth and adults throughout the State in a variety of settings, and utilize various strategies appropriate to meet the growing and diverse needs of Californians today. There are two project types funded through the I&E program: 1) Youth Intervention Projects, and 2) Parents and adults who are responsible for working with youth.

The specific goals of the I&E program are to:

- Reduce teen and unintended pregnancies
- Promote responsible parenting
- Promote postponing parenthood until one is able to provide for the physical, emotional, social and economic well-being of a child.
- Increase community involvement in building healthy families through awareness of the effects of teen and unintended pregnancies.
- Promote and support the development of self-assured, future-oriented youth capable of navigating through adolescence to responsible adulthood and contributing positively to society.

I&E uses a wide variety of strategies appropriate for their community. Required strategies include: Prevention education – Comprehensive Sexuality Education and Clinical Linkage Services. Other strategies utilized by projects include: Informational Presentation, Education and Support for Significant Adults, Parents, and other Caregivers of Adolescents; Education and Support for Teen Mothers and Fathers; Services Learning; Peer Provided Services; Train the Trainer; Mentoring; and Community Awareness and Mobilization.

**Start date** In 1973, I&E was established in California statute (AB 561, Chapter 643, Statute of 2003).

**Fund Source** General Fund, Title XIX

**History** The governor's budget of FY 1995-96 included the Teen Pregnancy Prevention Initiative to have OFP involve adolescent males and young adult men in teen pregnancy prevention efforts. I&E was supported entirely by General Fund from FY 95/96 – 02/03. Effective FY 03/04, I&E funding includes General Fund and Federal Title XIX. For FY 07/08, I&E expects to receive less Title XIX funding. Review of I&E statutes showed that I&E activities do not support receiving Title XIX at a full 50/50 (GF/FF) matching ratio, but at an estimated 63/37 (GF/FF) matching ratio, meaning that grant levels will be reduced accordingly.

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**Outcomes and Continuing Need**

- In 2005, births to teens ages 15 – 19 years declined to 37.1 per 1,000 live births. In 2000, the rate for that age group was 46.7 per 1,000 live births.
- The decline in teen births over the past decade has accelerated. In 2002, births to teens 15-19 years of age declined to a rate of 41.1 per 1,000.
- California ranks thirty-second for teen births among other states in the country.
- Teen births cost American taxpayers approximately \$7 billion in state and federal money each year.
- Nearly 80 percent of all unmarried teen mothers receive public assistance services.
- Two out of three teen moms never finish high school.
- California must continue the teen pregnancy prevention efforts to promote youth development and avoid unintended pregnancies.

**Program Evaluation**

- The Information and Education program services are offered in diverse setting such as mainstream and alternative schools, social service agencies, juvenile detention facilities and youth centers.
- In FY 2003-04, I&E programs served approximately 87,000 youth and families through direct, face-to-face interventions.
- Nearly one-half (45%) of I&E participants in direct interventions were Latino; 27% were White, 8% were Asian/Pacific Islander, and 11% were African American.
- The vast majority 81%) of TPP program participants were ages 12 to 18; an additional 14% were 19 or older, and 4% were ages 11 or younger. Slightly more participants were male (53%) than female (47%).
- Among the sexually experienced adolescents, more than three-quarters (84%) were younger than age 16 the first time they had sex.
- Thirty-four percent of program participants have experienced a pregnancy and 24% of the young men that participated in the evaluation already have children.
- In spite of serving a population with high needs, the projects have increased participant's knowledge of the risk of pregnancy at first intercourse from 75% to 86%. An increase in knowledge of where one can obtain birth control from 83% to 90% and an increase in awareness of California's statutory rape law from 84% to 90%.

**Program Accomplishments**

- I&E Programs developed culturally appropriate teen pregnancy prevention programs that meet the teens and community needs.
- Build relationships with clinical service providers to ensure the needed access to family planning and reproductive health services by teens.
- Established Regional Collaboratives to support local TPP program efforts.
- I&E projects involve their target population in the program planning.